

Brief Meet Information

MEET NAME	2026 Barrie Spring off the Blocks
DATE(s):	02 May 2026 - 03 May 2026
HOSTED BY:	Barrie Trojan Swim Club
LOCATION:	East Bayfield Community Centre, 80 Livingstone St. E., Barrie, ON L4M 6X9
FACILITY:	25m, 8 lane pool Quantum Electronic Timing System with 8 lane scoreboard. Spectator seating is available outside the pool deck and above the pool deck
PURPOSE & DESCRIPTION:	Open Age Group Meet: 12 and Under and 13 and Over – Timed Finals.
MEET PACKAGE:	The only meet package which will be considered as valid must be the most current version found on www.swimming.ca and the Swimming Canada Registration and Event Management System (REMS).
LAST UPDATE:	01/05/2026 03/13/2026 03/27/2026 04/19/2026 04/29/2026

Competition Organizing Committee

ROLE	NAME	EMAIL	LEVEL
COMPETITION COORDINATOR(S):	Laura Vaughan Nancy Beland	laura.vaughan@barrieswimming.ca beland9171@gmail.com	4 5
MEET MANAGER(S):	Andrew Sutherland Alexandra Harrison	andrew.sutherland@barrieswimming.ca alexandra.harrison@barrieswimming.ca	
OFFICIALS COORDINATOR:	Erinn Rupay	coc@barrieswimming.ca	

Table of Contents

Brief Meet Information.....	1
Competition Organizing Committee.....	1
Table of Contents.....	2
Safety at Competitions.....	3
Competition Rules.....	4
Entry Process.....	7
Schedule of Sessions.....	8
Meet Format & Administration.....	8
Schedule of Events.....	10
Request for Officials.....	14
Hotels.....	15
Parking.....	16

Safety at Competitions

Swimming Canada and Swim Ontario believes that athletes, coaches, officials, support staff and volunteers have the right to participate in a safe and inclusive sport environment that is free of abuse, harassment and discrimination.

Only Swimming Canada registered active participants (swimmers, officials, certified coaches and support staff for the meet), facility personnel and authorized Swim Ontario personnel are allowed on deck during the competition.

All participants in this event are reminded that they are bound by Swimming Canada and Swim Ontario Policies and Procedures, including but not limited, to Swimming Canada's General Code of Conduct, their Equity, Diversity and Inclusion Policy, their Harassment Policy and the [Swim Ontario Code of Conduct procedure](#) For more information regarding the [Swim Ontario Policies and Procedures](#) or Safe Sport please visit the Swim Ontario website <https://www.swimontario.com/sport-safety> or www.swimming.ca/safesport

Every club and its participants are responsible for ensuring all facility rules and requirements are followed.

The [Swim Ontario Concussion Management](#) & [Swim Ontario Photography, Videography, and Cellphone Procedure](#) will be in effect. For complete details click [HERE](#).

Videography & Photography Permissions

Provided the facility permits, registered club coaches on the compliance list, approved sport science contractors, and support staff may record for coaching purposes without additional authorization.

All other individuals — including club photographers, contracted photographers/videographers, and media — must apply for and receive authorization to access the competition deck before recording in any medium. All recordings must comply with Swim Ontario policies, including the [Photography, Videography, and Cellphone Procedure](#) and the [Screening Requirements Procedures](#). Contact Meet Management for the application process. All Official Photographers and Videographers, as approved by Swim Ontario, will be declared within this Meet Package.

ADDITIONAL INFORMATION	<input checked="" type="checkbox"/> Meet management will not accept requests to access the competition deck to record.
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Competition Rules

Sanctioned as an Age Group Swimming Invitational by Swim Ontario.

All current [Swimming Canada rules](#) will be followed. All registered para swimmers are subject to the rules defined by their current sport class and codes of exception. The stroke and turn rules apply as per Appendix B of the Swimming Canada rulebook. The Sport Class and Exception Codes should be displayed on heat sheets and must be made available to the Session Referee.

All swimmers are permitted to race with the swimwear of their choosing at all competitions sanctioned by Swim Ontario provided the fabric of the swimwear is a permeable open mesh textile and would not reasonably be seen to create a technical advantage in terms of speed, buoyancy, or endurance.

Combined (mixed) gender swimming is permitted for age group swimming competitions. Canadian Age Group records can not be set when heats involve individual mixed genders.

The Starter shall report a swimmer to the Referee for misconduct taking place at the start of a race as per Swimming Canada Part II 2.3.2. The “misconduct” shall include, but is not limited to (C.2.3.2.1):

- Deliberate or negligent acts such as spitting, spouting of water, or blowing the nose in the pool or on the pool deck immediately prior to the start may be considered misconduct.
- Deliberate kicking or striking of the starting platform, including the back plate prior to the start.
- Unsafe or uncontrolled entry into the pool immediately prior to the start of a race. All swimmers must enter the pool with a controlled, feet-first entry.

The Referee may disqualify a swimmer for such misconduct.

Please note that [Swimming Canada Competition Warm-Up Safety Procedures](#) and [Swim Ontario warm-up safety rules](#) will be in effect. Details [HERE](#)

It is incumbent on coaches, swimmers, and officials to work together to comply with these procedures during all scheduled warm-up periods. Coaches are requested to encourage swimmers to cooperate with Safety Marshals.

- Warm up rules:
 - No loitering at the end of lane
 - Swimmers must be aware of their surroundings and move over to the lane rope when stopped at the end wall to allow other swimmers to turn
 - Swimmers using sprint and pace lanes must be directly supervised by their coaches
 - Deliberate kicking or striking of the starting platform, including the back plate during the sprint periods is not permitted.

Swimmers must enter the pool FEET FIRST in a cautious and controlled manner, entering from a start or turn end only and from a standing or sitting position.

Swimmers witnessed by a Safety Marshal diving or entering the water in a dangerous fashion may be removed, by the Referee, without warning from their next individual event following the warm-up period in which the violation occurred. The swimmer’s name and club shall be registered with the Meet Manager.

AGE UP DATE:

The competitor’s age is as the first day of the competition - **2 May 2026**

DIVE STARTS:	<p>As per Swimming Canada Part II C4.1.2 and C4.1.3 swimmers are permitted to start in-water or from a standing position on the deck or bulkhead when Starting Platforms (blocks) are available. As per the Facility Rules for Dive Starts, this competition Starts will be conducted as follows:</p> <ul style="list-style-type: none"> <input checked="" type="checkbox"/> from Starting Platforms (blocks) as per World Aquatics II.4.1 and II.16.1.4 from <ul style="list-style-type: none"> <input checked="" type="checkbox"/> from deep end only and/or <ul style="list-style-type: none"> ● from the Deck or Bulkhead as per Canadian Facility Rule II.C4.1.1 and II.C16.1.4.1 <ul style="list-style-type: none"> <input checked="" type="checkbox"/> from deep end and/or <ul style="list-style-type: none"> ● In-water starts will be conducted as per Canadian Facility Rule II.C4.1.1 and II.C16.1.4.1 <ul style="list-style-type: none"> <input checked="" type="checkbox"/> from deep end
BACSTROKE LEDGES:	<ul style="list-style-type: none"> <input checked="" type="checkbox"/> Ledges will be used and available for all ages and sessions
d/DEAF AND HARD OF HEARING ACCOMMODATION:	<p>This competition can provide the following accommodations for swimmers who are d/Deaf and Hard of hearing:</p> <ul style="list-style-type: none"> ● non-verbal instruction provided by a support person from the swimmer’s own club, who is registered in the REMS as support staff. ● Visual Start hand signals given by the starter/referee. ● Visual Start Strobe Light options <ul style="list-style-type: none"> <input checked="" type="checkbox"/> Facility-Provided Strobe Light: An external strobe light is available at this facility <p>Clubs are to contact Meet Management by the <u>Entry Deadline</u> of the need for accommodations. Support Staff must be included in the submission of entries process.</p> <p>Support Staff must have active REMS registration and be included in the club's event entry. Those not listed in the entry submission will be denied deck access.</p>

Eligibility

All athletes must be registered as Competitive or Varsity swimmers with Swimming Canada and possess a valid Swimming Canada registration number. Athletes may only compete under the age group club or varsity team they are registered with. Registered Para Swimmers are welcome and their current Sport Class must be included in the entries. Entries submitted without a valid registration number and active status in the Swimming Canada Registration and Event Management System (REMS) at the time of the competition will be denied entry. It is the responsibility of the swimmer's club to provide proof of active registration status in REMS. This event is sanctioned as an Age Group Swimming Invitational including foreign competitors/teams subject to the provisions below.

ADDITIONAL ELIGIBILITY INFORMATION:	<ul style="list-style-type: none"> <input checked="" type="checkbox"/> Preference will be given to the host club first. <input checked="" type="checkbox"/> Pre-competitive swimmers are welcome to attend without exceeding the maximum of 1 competition.
COACH & SUPPORT STAFF	<p>Meet management will cross reference the list of coaches submitted with entries at this competition with the Swim Ontario Compliance lists. If a coach is not on this list, meet</p>

<p>REGISTRATION:</p>	<p>management is obligated to enforce the Swimming Canada policy and not permit that coach to attend the meet. Meet management will forward Swim Ontario a list of coaches who they have found to be in non-compliance.</p> <p>Swimmers must have a coach or designated coach (coach representative) in attendance during the meet including warm-up sessions.</p> <p>Clubs needing Support Staff for Para or d/Deaf/Hard of Hearing swimmers must register them in the Swimming Canada Registration and Event Management System (REMS) to access the deck at competitions. Support Staff must have active REMS registration and be included in the club's event entry. Those not listed in the entry submission will be denied deck access.</p>
<p>FOREIGN TEAMS / COMPETITORS:</p>	<p>The following applies to Teams and their competitors not affiliated with Swimming Canada. Swimmers registered as active with a Swimming Canada ID are considered domestic.</p> <ul style="list-style-type: none"> <input checked="" type="checkbox"/> Foreign Teams and their competitors are welcome, subject to the following provisions. <ul style="list-style-type: none"> ○ Proof of TEAM Liability Insurance for a minimum of \$2,000,000 is required naming Swim Ontario on the Insurance certificate. ○ All foreign competitors must be registered with an amateur swimming organization recognized by World Aquatics. ○ All foreign competitors and coaches must be duly registered and residents of the governing body for which they are competing. ○ All competitors and coaches must be in good standing with their respective governing swim body. ○ All foreign competitors and coaches must have primary residence within the province /state or country for which they claim registration. Proof of residency may be green card, student ID, driver's license, college residence or other document as deemed acceptable by Swim Ontario and shall be submitted with the Proof of Residence and Registration Status form to Swim Ontario no later than 7 days prior to start of competition along with the insurance certificate. ○ Foreign Team entries are not to be accepted by the host club until Swim Ontario grants approval.

Entry Process

<p>ENTRY SUBMISSIONS:</p>	<p>Entries must be submitted through the Swimming Canada Registration and Events System (REMS) and must include all attending coaches and support staff. Meet management will:</p> <ul style="list-style-type: none"> • not accept entries via email; • notify clubs within 48 hours of the online entry deadline regarding any rejected entries or required changes to entries; • notify clubs of any meet format changes or designated warm-up times at least 5 days (for TIER II sanctions) and 10 days (for TIER III & IV sanctions) prior to the start of the competition <p>Failure to inform meet management of a no-show / scratch prior to the deadline for changes to entries will result in loss of entry fees.</p> <p>Meet Management reserves the right to further limit individual swims per session and to limit heats if necessary to keep session times to within 4.5 hours.</p>
<p>ENTRY DEADLINE:</p>	<p>The online entry deadline is Wednesday 15 April 2026</p> <ul style="list-style-type: none"> <input checked="" type="checkbox"/> Changes to entries will be accepted until Friday 17 April 2026 <input checked="" type="checkbox"/> No Late Entries will be accepted
<p>ENTRY FEE:</p>	<p>The following fees will apply for this competition:</p> <ul style="list-style-type: none"> <input checked="" type="checkbox"/> Individual Events: \$12.50 <input checked="" type="checkbox"/> Relay Events: \$20 per team <input checked="" type="checkbox"/> Swimmer Fee: \$5.00 <p>Payment Method: Make cheques payable to: BARRIE TROJAN SWIM CLUB Or Etransfer to: operations@barrieswimming.ca</p>
<p>ENTRY LIMITS:</p>	<p>The following limits are in place for this competition:</p> <ul style="list-style-type: none"> <input checked="" type="checkbox"/> The maximum number of participants per session is 250 <input checked="" type="checkbox"/> The maximum number of entries per swimmer is 7 individual events and 2 relay events are permitted across all sessions. <input checked="" type="checkbox"/> A maximum of 4 individual events and 1 Relay is permitted in a single session.
<p>RELAY ENTRIES & MIXED RELAYS:</p>	<p>Teams may move up no more than two (2) swimmers from a younger age category to fill a relay.</p> <ul style="list-style-type: none"> <input checked="" type="checkbox"/> Relay swimmers must be entered in a non-relay event in order to compete. <input checked="" type="checkbox"/> A mixed relay must have 2 female and 2 male swimmers. All other combinations will result in a disqualification. <input checked="" type="checkbox"/> The MIXED EXHIBITION relays can be any combination of female and/or males. The first leg of these relays will not be recognized as official times. Official split requests will not be accepted and times will not be uploaded to REMS.
<p>ENTRY TIMES & CONVERSION:</p>	<ul style="list-style-type: none"> <input checked="" type="checkbox"/> Entries can be submitted with No Time (NT), reasonable estimates welcomed. <input checked="" type="checkbox"/> Entries must be submitted using short course (SC) times in meters. <input checked="" type="checkbox"/> Estimate entry times are accepted. <input checked="" type="checkbox"/> Non conforming Entry Times must be converted (i.e. LCM to SCM) using Hytek default conversions to (SC) times before submitting <input checked="" type="checkbox"/> Times will not be converted by meet management.

Schedule of Sessions

****Warm-Up schedule is subject to change. Updated Schedule of Warm-up times / groupings will be posted [HERE](#) as soon as possible after the entry deadlines and will also be communicated via team coaches.**

Session #	Date	Warm-up period	Start of session	Approx. Finish of session	Time Final/Heats /Finals
1A	2 May 2026	07:00am-07:55am	08:00AM	10:45AM	Timed Finals
1B	2 May 2026	10:55am-11:20am	11:25AM	12:35PM	Timed Finals
2	2 May 2026	1:00pm-2:00pm	2:05PM	6:30PM	Timed Finals
3A	3 May 2026	07:00am-07:55am	08:00AM	10:35AM	Timed Finals
3B	3 May 2026	10:55am-11:20am	11:25AM	12:30PM	Timed Finals
4	3 May 2026	1:00pm-2:00pm	2:05PM	6:30PM	Timed Finals

Meet Format & Administration

SEEDING:	<p>After all times are converted as pursuant to the conversion process:</p> <ul style="list-style-type: none"> <input checked="" type="checkbox"/> Seeding for Timed Final events will be in order of entry times, slowest to fastest. Swimmers entered with NT (no time) will be seeded last.
DECK ENTRIES:	<p>All accepted Deck Entries are Exhibition Only and are not eligible for scoring or awards. No new heats will be created for deck entries (only empty lanes, if available). The following are the Deck Entry Rules for this competition:</p> <ul style="list-style-type: none"> <input checked="" type="checkbox"/> Deck entries may not exceed the swimmers maximum individual or relay limits. <input checked="" type="checkbox"/> Only event deck entries are permitted for swimmers <u>already entered in the competition</u>. <input checked="" type="checkbox"/> Fee: \$20 per Individual Event and \$25 per Relay Event
RELAY NAME SUBMISSION:	<p>Relay Cards or Forms must be returned to the Admin Desk.</p> <ul style="list-style-type: none"> <input checked="" type="checkbox"/> Relay Cards are available at Meet Office (hanging folder with Coach paperwork) <input checked="" type="checkbox"/> The Relay Name submission deadline is 30 mins before the start of the session.
SCRATCHES & POSITIVE CHECK IN RULES:	<p>The following are the Scratch deadlines for this competition.</p> <ul style="list-style-type: none"> <input checked="" type="checkbox"/> There is a scratch deadline for: <ul style="list-style-type: none"> <input checked="" type="checkbox"/> All events <input checked="" type="checkbox"/> Scratches are to be made at the Admin Desk 30 minutes prior to the end of warm-up.
PENALTIES:	<ul style="list-style-type: none"> <input checked="" type="checkbox"/> No penalty shall be imposed for late or day of scratches and No-Shows
OFFICIAL SPLIT TIMES:	<p>Meet management requires that any coach wishing to rely on a time achieved by the swimmer for an interval shorter than the total distance of the event shall so advise the <u>Admin Desk</u> at least 30 minutes prior to the commencement of the session in which the</p>

	<p>event will take place. Requests for official splits in gendered and mixed relays are not required, however in mixed relays the official time will not be recognized as a Canadian Age Group record.</p> <ul style="list-style-type: none"> <input checked="" type="checkbox"/> Official Split Forms are available at the Admin Desk. <input checked="" type="checkbox"/> Not all Official Split requests can be accommodated.
<p>DISQUALIFICATION & PROTEST PROCEDURE:</p>	<ul style="list-style-type: none"> • Disqualification will be reported within fifteen (15) minutes after the swimmer's race. The disqualification shall stand providing all reasonable efforts have been made to report the disqualification including public address systems. • A club representative should discuss the disqualification with the Session Referee and can request to view the disqualification slip. • If not resolved after this discussion, a written protest may be presented to the Session Referee from the club representative. <ul style="list-style-type: none"> ○ A written protest must be presented within 30 minutes after the conclusion of the event in question. ○ Protest forms are available at the Admin Desk. • If not resolved after the decision of the written protest from the Session Referee the matter may be assigned to a Jury of Appeal. • The decision to go to Jury must be taken within an hour from the moment the decision of the written protest is communicated to the club representative
<p>RECORDS:</p>	<ul style="list-style-type: none"> <input checked="" type="checkbox"/> Swim times achieved at this competition will NOT be used for applications of provincial and national records.
<p>MEET RESULTS:</p>	<p>Official Results will be posted within 48 hours of completion of the meet to www.swimming.ca</p> <ul style="list-style-type: none"> <input checked="" type="checkbox"/> Unofficial Results will be posted at the meet. <input checked="" type="checkbox"/> Unofficial mobile applications results will be available. <input checked="" type="checkbox"/> Unofficial Live Results will be available.
<p>AWARDS:</p>	<p>The following will be awarded:</p> <ul style="list-style-type: none"> <input checked="" type="checkbox"/> The following will be awarded: Ribbons will be given to the top 8 male and top 8 female swimmers in each event within each age group. The following age groups will be used for awards: 8&U, 9,10, 11, 12, 13, 14, 15, 16, 17&O Relay awards - 1st place Medal will be awarded to the winning team in each age group: 10& under, 11-12, 13& Older (Excludes Exhibition Mixed Relay) Paralympic-class awards: Ribbons will be given to the top 8 male and top 8 female swimmers in each event within their para classification, i.e PSPI, S1-S14. Swimmers will continue to swim in their combined events (integrated events and heats) Exhibition Mixed Relay - a special prize will be awarded to the winner of the Exhibition relay. Bell Ringer Prize Heats: Heat Winner Prizes: The winner of each heat will receive a heat winner prize. In the event of a combined Boys and Girls event, the first place boy and girl in that heat will receive a heat winner prize.
<p>ADDITIONAL INFORMATION:</p>	<p>Exhibition Mixed Relay is a for fun event consisting of a single heat with up to 4 swimmers per team. A club may team up with another club if short swimmers or up to 2 swimmers may</p>

swim a second time. Each club is responsible for making their own arrangements if teaming up with another club.
 Details about the relay will be posted [here](#) as soon as possible prior to the start of the meet. Lane assignments will be randomized. Official split requests will not be accepted for this event.
 Judges will be made up of select members of the senior officials for the event. The Judges decision is final.

Schedule of Events

Session 1A Saturday, May 2, 2026 Warm-up: 7:00AM -- Start: 8:00 AM 13 & Over Girls and Boys		
Women		Men
101	100m FLY	102
103	200m BACK	104
105	100m BREAST	106
107	400m FREE	108
109	50m BACK	110
111	200m IM	112
113	50m FREE	114
301	200m Mixed IM Relay	

Session 1B Saturday, May 2, 2026 Warm-up: 10:55AM -- Start: 11:25 AM 12 & Under Girls and Boys		
Women		Men
127	400m FREE	128

Session 2 Saturday, May 2, 2026 Warm-up: 1:00 PM -- Start: 2:05 PM 12 & Under Girls and Boys		
Women		Men
121	100m FLY	122
126	200m BACK	124
125	100m BREAST	126
129	50m BACK	130
131	200m IM	132
133	50m FREE	134
305	200m Mixed IM Relay	

Session 3A Sunday, May 3, 2026 Warm-up: 7:00AM -- Start: 8:00 AM 13 & Over Girls and Boys		
Women		Men
201	200m BREAST	202
203	50m FLY	204
205	100m FREE	206
207	200m FLY	208
209	50m BREAST	210
211	100m BACK	212
213	200m Free	214
215	400m IM	216
307	200m Free Relay	308
EVENT #700 - Exhibition MIXED 200m Free Relay - 4 x 50m		

Session 3B Sunday, May 3, 2026 Warm-up: 10:55AM -- Start: 11:25 AM 13 & Over Girls and Boys		
Women		Men
233	200m FREE	234

Session 4 Sunday May 3, 2026 Warm-up: 1:00PM -- Start: 2:05 PM 12 & Under Girls and Boys		
Women		Men
221	200m BREAST	222
223	50m FLY	224
225	100m FREE	226
227	200m FLY (Mixed) (11-12 only)	228
229	50m BREAST	230
231	100m BACK	232
235	100m IM	236
309	200m Free Relay	310
EVENT #701 - Exhibition MIXED 200m Free Relay - 4 x 50m		

Request for Officials

We greatly appreciate the support of both our visiting and home officials!

If you are a **BTSC OFFICIAL**, please log in to the club website:

<https://www.barrieswimming.ca>

1. Click the Team Activity/ Swim School tab
2. Click Job Sign Up for 2026 Spring Off the Blocks timing and other meet related tasks
3. Check one or more of the boxes for the position(s) you would like to work

If you are a **VISITING OFFICIAL**, please sign up with SignUpGenius using the link and instructions below:

<https://www.signupgenius.com/go/20F0E44A5AB29A57-59936900-2026>

Hotels

The Barrie Trojans Swim club has arranged discounted rates for visiting teams and officials at the two hotels below.

The City of Barrie has 6 hockey rinks at 3 arenas and regularly hosts hockey tournaments. Please book hotel accommodations early if planning on staying over.

Both hotels are next door to each other and offer easy access to Highway 400 at Essa Rd on/off ramp. There is a Zehrs Supermarket across the road and a Tim Hortons nearby.

The following two hotels have provided discount rate codes:

Four Points by Sheraton	Hampton Inn & Suites by Hilton
60 Bryne Drive, Barrie. 705-733-8989	74 Bryne Drive, Barrie. 705-719-9666
Rate Code: Barrie Trojan	Rate Code: T26
https://www.marriott.com/event-reservations/reservation-link.mi?id=1760629972731&key=CORP&dt=true&app=resvlink	https://www.hilton.com/en/book/reservation/deeplink/?ctyhocn=ONTBRHX&srpCodes=LHHT26 or https://hil.tn/2jxkth
	Minimum 2 Night Stay Required. Please note when accessing the link a message may appear stating 1 night available which is not correct. Please ensure you add the Rate code to the Special Promotion Rates and select Update. The Rate should indicate “Sports Teams” once applied.

Parking

The map below indicates available parking lots and building entrances. Additional parking is available at the Terry Fox school next door to the Rec Center on Saturday / Sunday.

Address is: 80 Livingston St East, Barrie L4N 7J1

